# ACCVI Summer Camp 2025 – Communicable Disease Management Plan

# Campers must read the ACC liability waiver they are required to sign before attending summer camp; specifically regarding the risk of transmission of communicable disease and ACC liability.

## BACKGROUND:

The communal living set up of the ACCVI summer camp includes shared spaces for eating and sheltering, and daily shared use of utensils and equipment such as pots and pans, cutlery and serving ware, food storage boxes, chairs and FSR radios.

Since inception, ACCVI summer camps have been operating with attention to effective communicable disease prevention measures.

## UPDATED PRACTICES IN 2025 TO PREVENT COMMUNICABLE DISEASE:

In 2025 we have all learned how to reduce the chance of transmitting respiratory viruses to each other as a result of preventive measures for COVD-19 and the winter Influenza and Respiratory Syncytial Virus (RSV) infections.

Wearing a mask when you have symptoms of a "cold", social distancing and ventilation all help. In addition, being up to date with all immunisations and in particular the Influenza vaccine will prevent many respiratory infections.

We will continue the long standing sanitary practices to prevent food-borne illness as in previous years (included below).

## 2025 COMMUNICABLE DISEASE PREVENTION PRACTICE:

In 2025, we are continuing some 2022 practices advisories to daily camp routines in order to ensure effective measures to prevent transmission of respiratory virus infections and food-borne illness.

#### Social interactions:

- ACCVI is not making a social distancing rule, a mask-use rule or a capacity limit within the two communal tents at summer camp;
- ACCVI considers campers attending a particular week of summer camp as a household 'bubble' (max 20 people).
- Campers may establish their own personal behaviour rules, or the camp participants attending a particular week of summer camp may agree as a group to establish rules.
- All campers are expected to act respectfully to other campers.

#### Kitchen and food preparation:

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- Dishes are washed in detergent and rinsed in hot water with sanitizing bleach (20ml /L).
- Washed dishes are air-dried to the extent possible, rather than wiped, to reduce contamination of sanitized items.
- Summer Camps are supplied with many extra tea towels. Accordingly tea towels are available for exchange for each new group of campers.
- Counters and table tops in the food preparation tent are cleaned each evening as part of dinner clean-up.
- Each camper is assigned the use of a specific personal drinking cup for their week in camp.
- Hand sanitizer is made available in the mess tent.
- High touch pots and spots (e.g., kettle handle, table corner) and kitchen surfaces are sanitized regularly throughout the day, and during dinner wash-up.
- Rather than self-serve buffet, cooking teams may serve food if they wish, rather than multiple hands-on serving utensils.

#### Personal care:

- Hand disinfectant or hand washing is made available at entrances to all communal tents.
- Campers are encouraged to sanitize or wash hands before and after group activities especially when using shared equipment such as FSR radios, climbing gear or group safety gear.

#### Biffy sanitation:

• Hand sanitizer will be available for use in the biffys. Its use is a requirement.

#### Activities at camp:

- Campers are encouraged to maintain social distancing while in camp, as feasible.
- Group singing inside the communal tents should be conducted with caution; to prevent transmission of air-borne germs, participants should consider wearing masks, maintaining social distance and ensuring good ventilation in the tent.

#### Activities away from camp:

• Campers are encouraged to carry personal hand sanitizer to apply before eating, and/or after use of communal or shared equipment (e.g., radios, climbing gear).

#### Ultraviolet light:

• We recognise that UV light in this wilderness situation is a natural sanitizer and kills bacteria and viruses.

#### First Aid Kit:

- A comprehensive First Aid kit is available in camp for emergencies.
- Each camper should bring their own personal First Aid kit to camp.
- It is recommended that each person carry a First Aid kit with them whilst away from camp.

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## Informing camp manager:

Campers who develop symptoms of communicable disease, such as "cold" symptoms or diarrhea, may wish
to discuss with the camp manager to determine if increased precautions might need to be taken to protect
others or access any treatments for themselves.