

ACCVI LONE GOAT SUMMER CAMP 2017 GUIDANCE FOR CAMP PARTICIPANTS

To all Summer Camp Participants:

The Camp Committee has prepared a number of documents with the intent of ensuring that the camp is well-organized and that travel arrangements are efficient and fall within budget. This document provides Guidance for Camp Participants, to supplement information, suggestions and any requests from your Camp Manager. If you have any questions or need more information, please contact your Camp Manager.

1. Weight Allowances:

Summer camp participants are advised to think of the camp as a 'heavy backpacking trip' without the need to carry stove, fuel, cooking or eating utensils, or seating, as these are all provided by the ACC.

The baggage weight limit per person is.....**85 lbs.**

It is essential that participants respect the weight limit as the helicopter has a set payload: more weight means more trips, longer flying time, and more cost. Excess weight could mean leaving some items at the staging area.

Your personal limit includes:

- your personal gear (tent, sleeping bag, clothes, boots, etc.);
- your ice-axes, crampons, poles, etc;
- your own food & beverages and food & beverages for your catering night;
- your bags (e.g. duffle bags, daypack, boxes);
- anything else you bring along (camera gear, etc.)

NOTE: there will be 2 x 8mm ACC ropes taken in as group gear which should suffice in this area, so there should be no need for people to bring their own ropes. However, some people may like to pack a light 30m 'rescue rope' which would be part of your weight allowance.

****Please weigh each piece of your baggage and add a piece of masking tape with the weight – this will assist loading.**

2. Volume Allowances:

The helicopter company has advised that it can carry:

- medium MEC duffle bags (or similar size backpacks) as the maximum size;
- 30 litre daypack (one per person in the helicopter with you);
- **NO** bear spray or other inflammables to be inside the helicopter, either in daypacks or boxes (these can go in the external cargo basket);
- 'Liquor store size' wine boxes or copy-paper boxes (for food) – no large boxes;
- Poles, ice axes, etc. can go separately.
- **NO** plastic totes and **NO** coolers – these do not pack easily with other gear;
- **NO** glass containers (food or beverage) – these are heavy, do not compress, and can break.

Again, it is essential that participants respect the volume allowances. Inappropriate containers or weight may have to be left at the staging area.

3. Daypacks:

In the event of bad weather and your gear not being brought in at the same time, it is advisable to carry your daypack with you into the helicopter including:

- All medications you're bringing into camp;
- Wet weather clothing and extra warm clothing;
- Your first aid kit and headlamp/flashlight;
- Water and snacks.

4. Travel:

- Travel will involve reaching the staging area (or being close) by the Saturday evening prior to flying in on Sunday morning. More travel details will be provided closer to the time of the camp.
 - Week 1: Saturday, July 15th
 - Week 2: Saturday July 22nd
 - Week 3: Saturday July 29th
- Flight times will be from 0900 hrs on (depending on weather), however all gear will need to be sorted and the net-sling filled well ahead of 0900 hrs, as well as vehicle parking and lock-up.
- Participants are advised to car-pool to reduce the number of vehicles at the staging area.
- Your camp manager will be in touch with you regarding assistance carrying communal ACC gear in and out, and returning it to Victoria.

5. Registration:

Please read all the information, print out the Registration Form and mail with your cheque for \$600 to:

**Peggy Taylor.
#417-545 Manchester Road,
Victoria, BC
V8T 5H6**

*The Summer Camp Committee wishes everyone a safe and enjoyable
adventure at the Lone Goat Camp.*